

过敏原的剂量因研究和研究方案而异。最高耐受剂量是可耐受且无不良反应的过敏原剂量¹。例如，最高耐受剂量可以是 600mg 过敏原蛋白等效物¹。



参考文献列表：

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3. Zuberbier T, et al. (2021) "Proposal of 0.5mg of protein/100g of processed food as threshold for voluntary declaration of food allergen traces in processed food—a first step in an initiative to better inform patients and avoid fatal allergic reactions: A ga'len position paper," Allergy, 77(6), pp. 1736–1750.

Genentech
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